**The relationships between Morningness-eveningness type and mental health using a canonical correlation analysis**

**Tayebe Rahimi Pordanjani1\*, Ali Mohamadzadeh Ebrahimi1**

1 Department of Psychology, Faculty of Humanities, University of Bojnord, Bojnord, IR Iran

\*Corresponding Author: Department of Psychology, School of Humanities, University of Bojnord, Bojnord, IR Iran. Tel: +98 9137027593, Fax: +98 5832410700, E-mail: Tayebe.Rahimi@yahoo.com

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**Conflict of interest**

Authors have no conflict of interest to declare.